

PRACTITIONER

DEMOCR, DEMOCR TEST

2602 S. 24th Street
Phoenix, Arizona 85034

PATIENT

Name: REPORT, SAMPLE

DOB: 11/01/1990

Gender: M

TEST	RESULT			
Array 4 – Gluten-Associated Cross-Reactive Foods and Foods Sensitivity **	IN RANGE (Normal)	EQUIVOCAL*	OUT OF RANGE	REFERENCE (ELISA Index)
GLUTEN-CONTAINING/GLUTEN-CONTAMINATED				
Rye, Barley, Spelt, Polish Wheat	0.48			0.4-1.4
Instant Coffee	0.39			0.3-1.9
GLIADIN CROSS-REACTIVE FOODS				
Cow's Milk	0.12			0.1-1.3
Alpha-Casein + Beta-Casein	0.39			0.1-1.7
Casomorphin	0.53			0.2-1.6
Milk Butyrophilin	0.37			0.2-1.8
Whey Protein	0.16			0.1-1.3
Milk Chocolate	0.13			0.1-1.4
Yeast	0.35			0.2-1.2
Oats	0.50			0.2-1.0
Millet	0.45			0.3-1.5
Rice	0.43			0.4-1.6
Corn	0.33			0.3-1.4
NEWLY-INTRODUCED AND/OR OVER-CONSUMED ON GLUTEN-FREE DIET				
Buckwheat	0.27			0.4-1.3
Sorghum	0.56			0.3-1.2
Hemp	0.39			0.3-1.5
Sesame	0.14			0.1-1.3
Amaranth	0.38			0.2-1.3
Quinoa	0.23			0.5-1.5
Tapioca	0.25			0.1-1.1
Teff	0.59			0.2-1.1
Potato	0.64			0.6-1.4
COMMON ANTIGENIC FOODS				
Egg, Raw + Cooked	0.57			0.2-1.7
Soy	0.28			0.5-1.5

** All analytes are tested for IgG and IgA combined.

* Reference ranges are calculated based on the mean ± 2 standard deviations (SD). Results > 1 SD, and < 2 SDs above the mean are considered to be equivocal. An equivocal result represents the range between negative and suspicious low positive results. Results > 2 SDs are considered out of range, and positive.

Mark G. Kartub, M.D., Medical Director

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